

REMEMBER YOUR **C.A.L.M.**

PROVIDE ALTERNATIVES FOR A PEACEFUL RESOLUTION

5 STEPS FROM CRISIS TO CALM

NUMBER FIVE:

Seeking a peaceful resolution may not always be an option. However, it should always be the goal.

Project a CALM demeanor and use time to your advantage.



For more officer safety and wellness resources, visit bja.ojp.gov.



BJA
Bureau of Justice Assistance
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