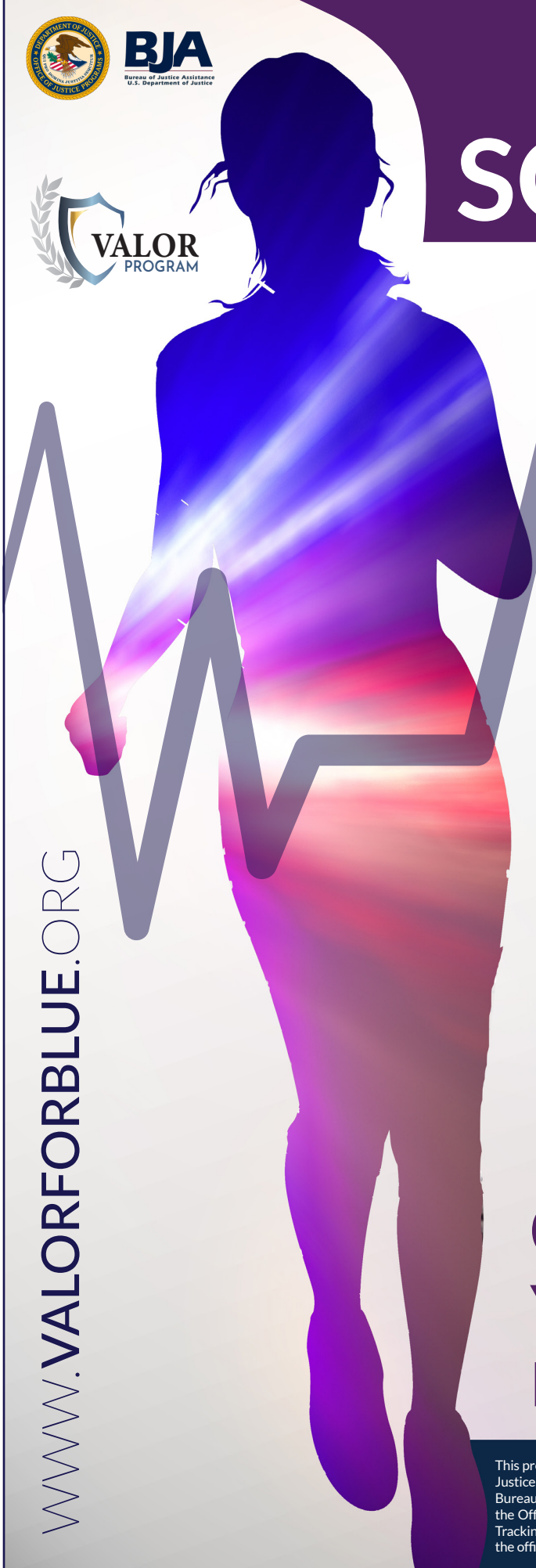




**BJA**  
Bureau of Justice Assistance  
U.S. Department of Justice



# DO SOMETHING!



swimming  
yoga  
skiing  
soccer  
RUN  
kayak

## GET ACTIVE FOR YOUR MENTAL AND PHYSICAL WELLNESS!

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