



VALOR Digital Dispatch provides officer safety-related articles, resources, upcoming VALOR trainings, new resources added to the VALOR Web Portal, and research studies that are relevant for the law enforcement community. The Dispatch is provided to all members of the VALOR Web Portal, www.valorforblue.org. We encourage you to share this e-mail with other members of the law enforcement community.

Contact valor@iir.com to submit an article for consideration in the VALOR Digital Dispatch.

Current Events

Vest Wear



[Indiana Officer Saved by Bullet-Resistant Vest](#)

A Cloverdale, Indiana, police officer shot during a theft investigation Saturday afternoon is back home and recovering. [Read more](#)

FBI Statistics



[FBI Releases 2015 Crime Statistics From the National Incident-Based Reporting System—Encourages Transition](#)

The Federal Bureau of Investigation (FBI) released details on more than 5.6 million criminal offenses reported via the National Incident-Based Reporting System (NIBRS) in 2015. The Uniform Crime Reporting Program's latest report, *NIBRS*, 2015, provides a diverse range of information about victims, known offenders, and relationships for 23 offense categories composed of 49 offenses. It also presents arrest data for those offense categories, plus 10 more offenses for which only arrest data are collected. [Read more](#)

Fitness



[Four Essential Elements of the Perfect Police Officer Workout Routine](#)

It is imperative that every officer discover his or her perfect police officer workout and make exercise part of a regular routine. [Read more](#)

Mental Health Training



[Police Officers Not Adequately Trained on Mental Health](#)

Many departments lack adequate training to show law enforcement officers how to deal safely and effectively with someone experiencing a mental health crisis. Officers are frequently forced to rely on general training and previous experience. Unfortunately, much of that training relies on a command-and-control approach that can lead to dangerous escalations in the use of force. [Read more](#)

Off-Duty Considerations



[Four Key Considerations for Off-Duty Carry](#)

The topic of off-duty carry is too big an issue to ignore, especially when it is so starkly presented in the news headlines of the day. [Read more](#)

Register for Training

- [VALOR Officer Safety Executive Session | January 23, 2017 | Forsyth, Georgia](#)
- [VALOR Officer Safety Executive Session | January 31, 2017 | East Hartford, Connecticut](#)
- [VALOR Essentials | February 7–9, 2017 | Albuquerque, New Mexico](#)
- [VALOR Essentials | February 14–16, 2017 | Georgetown, Texas](#)
- [VALOR Officer Safety Executive Session | March 21, 2017 | Mesa, Arizona](#)
- [VALOR Essentials | March 21–23, 2017 | Mesa, Arizona](#)

Save the Date:

- VALOR Essentials | February 2017 | Forsyth, Georgia
- VALOR Essentials | March 2017 | Montgomery, Alabama
- VALOR Essentials | March 2017 | Little Rock, Arkansas
- VALOR Essentials | April 2017 | Tallahassee, Florida

New on
valorforblue.org



Spotlight
on Safety

[Spotlight on Safety—Vest Wear](#)

The BJA VALOR Program introduces the latest **Spotlight on Safety Campaign!** This Spotlight on Safety, **Vest Wear**, provides resources to help law enforcement officers understand the proper maintenance, care, and need for bullet-resistant vests. Resources include printable posters, a Bulletproof Vest Partnership video, and other materials.

If you have any questions regarding the VALOR Program, please contact the help desk at <https://www.valorforblue.org/ContactUs.aspx>. Unauthorized reproduction or redistribution of the VALOR Digital Dispatch is strictly prohibited.

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This project was supported by Grant No. **2013-MU-BX-K001** awarded by the Bureau of Justice Assistance, Office of Justice Programs. The opinions, findings, and conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the U.S. Department of Justice.



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