

VALOR Digital Dispatch

Volume
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valorforblue.org

VALOR Digital Dispatch provides officer safety-related articles, resources, upcoming VALOR trainings, new resources added to the VALOR Web Portal, and results of research studies that are relevant for the law enforcement community. The Dispatch is provided to all members of the VALOR Web Portal, www.valorforblue.org. We encourage you to share this e-mail with other members of the law enforcement community.

Contact valor@iir.com to submit an article for consideration in the VALOR Digital Dispatch.

Current Events



Professionalism

[12 Traits of Effective Police Leaders](#)

For most law enforcement officers, being a cop is more than just a job—it is a lifestyle and an identity. The potential for law enforcement to be a deeply rewarding career is great and, for many officers, it is. Law enforcement testing is traditionally a keenly competitive process in which literally hundreds of hopefuls can vie for each open spot on a highly sought-after department. Many who make it past this rigorous selection process possess leadership qualities, but in law enforcement true leadership is a lifestyle, not a position. This article discusses the necessary traits for being a leader among leaders. [Read more](#)



Tourniquets

[Jacksonville Police Use Tourniquet Received From Federal Program to Save Woman](#)

Jacksonville police officers responded to a domestic violence call at a mobile home park and found a 30-year-old woman with several deep cuts to her arm and a lot of blood. The officers applied a tourniquet received through the U.S. Department of Defense's Law Enforcement Support Office (1033) program to save the woman's life. The Jacksonville police officers received 75 combat tourniquets through [this program](#). [Read more](#)



Mental Preparedness

[Report: Police Need Mental Health Programs Following on-the-Job Trauma](#)

A U.S. Department of Justice, Community Oriented Policing Services, and the National Alliance on Mental Illness (NAMI) report prompted by the shootings at the Sandy Hook Elementary School and other high-casualty events urges police chiefs around the country to put mental health programs in place to help officers cope with on-the-job trauma, including the aftermath of mass shootings. [Read more](#)



Active Shooter

[U.S. Department of Homeland Security Active Shooter Preparedness](#)

The U.S. Department of Homeland Security aims to enhance preparedness through a "whole community" approach by providing training, products, and resources to a broad range of stakeholders on issues such as active shooter awareness, incident response, and workplace violence. In many cases, there is no pattern or method to the selection of victims by an active shooter. These situations are, by their very nature, unpredictable and evolve quickly. [Read more](#)



Vest Wear

[Police Chief Credits Bullet-Resistant Vest With Saving Officer's Life](#)

Officer Kyle Carroll from the Louisville Metro Police Department was released from the hospital after being shot at close range. Louisville Metro Police Chief Steve Conrad stated, "This situation is truly a testimony to our officers wearing their bullet-resistant vests. This was a situation where the shot was fired from relatively close range. The officer reacted and tried to get out of the way of the shot and ended up getting struck in the upper left chest." [Read more](#)

Register for Training

- [VALOR Essentials | July 12–14, 2016 | Belle Chasse, Louisiana](#)
- [VALOR Essentials | July 20–22, 2016 | Harlingen, Texas](#)
- [VALOR Conference | August 2–4, 2016 | Raleigh, North Carolina](#)
- [VALOR Essentials | August 16–18, 2016 | Nashville, Tennessee](#)
- [VALOR Essentials | August 30 – September 1, 2016 | Billings, Montana](#)

Save the Date!

- VALOR Essentials | September 2016 | Wilmington, Delaware
- VALOR Essentials | September 2016 | Detroit, Michigan
- VALOR Conference | October 2016 | Wichita, Kansas
- VALOR Essentials | October 2016 | Milwaukee, Wisconsin
- VALOR Essentials | November 2016 | Hartford, Connecticut
- VALOR Essentials | November 2016 | Kansas City, Missouri
- VALOR Essentials | November 2016 | Parma, Ohio
- VALOR Conference | January 2017 | Miami, Florida
- VALOR Essentials | January 2017 | Georgetown, Texas
- VALOR Essentials | February 2017 | Albuquerque, New Mexico



Several new **VALOR Voices podcasts** have been added to the VALOR Web Portal. Visit the [VALOR Voices](#) section to listen to these podcasts that discuss a variety of safety and wellness topics, including **officer resiliency, de-escalation strategies, and the benefits of sleep.**



Spotlight on Safety—Active Shooter

The BJA VALOR Team is excited to introduce a new Spotlight on Safety focusing on active shooters. This spotlight strives to prepare you, as a law enforcement officer, for active shooter events. Highlights of this campaign include:

- Article—*Active Shooter: Officer Safety Considerations*
- Bulletin: *Active Shooter*
- Previously Recorded Webinar: “Exploring Active Shooter Response and Training”
- Posters
- Other resources for law enforcement and the community



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