



Survive and Thrive



Are We Complicit in Police Suicide?

Officers train together to manage violence, discuss the latest tactics, and have a commitment to ensure that they all go home, but they rarely discuss their mental health. It is imperative to provide a strong foundation for officers from the beginning so that resiliency becomes central in their long-term survival. [Read more](#)

Active Shooter



Bringing Calm to Chaos: A Critical Incident Review of the San Bernardino Public Safety Response to the December 2, 2015, Terrorist Shooting Incident at the Inland Regional Center

The U.S. Department of Justice, Office of Community Oriented Policing Services (COPS Office) announced the release of its critical incident review of the December 2015 terrorist shooting incident in San Bernardino, California. [Read more](#)

De-Escalation



[Police De-Escalation Tactics Validated in a New Jersey County](#)

Police across the United States are rethinking how they should use force. In Camden County, New Jersey, officers used de-escalation tactics to disarm a man with a knife. [Read more](#)

Officer Safety



[The Other Danger to Police Safety—Driving](#)

Law enforcement leaders know the grim truth: From 2001 to 2015, officers were more likely to die from all manner of on-duty accidental deaths—falls, mistaken shootings, training mishaps, and crashes among officers—than from assaults, according to FBI data. And in that same span, almost two-thirds of the accidental deaths happened in traffic crashes. [Read more](#)

Ambush



[The Right Mind-Set for Ambushes: Listen to Your Gut Instinct](#)

Officers should sharpen their mental skills. Your mind, after all, is your most valuable weapon. Researchers from the Center for Naval Analyses, along with the International Association of Chiefs of Police, published an article stating that “preparing for ambushes is as much about officer’s mind-sets as it is their tactical training.” [Read more](#)

Register for
Training

- [VALOR Essentials | September 20–22, 2016 | Dearborn, Michigan](#)
- [VALOR Essentials | October 4–6, 2016 | Wichita, Kansas](#)
- [VALOR Essentials | October 25–27, 2016 | Milwaukee, Wisconsin](#)
- [VALOR Essentials | November 1–3, 2016 | East Hartford, Connecticut](#)

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- VALOR Essentials | December 2016 | Niagara University, New York
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- VALOR Essentials | February 2017 | Albuquerque, New Mexico
- VALOR Essentials | March 2017 | Montgomery, Alabama

New on
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Spotlight on Safety

Spotlight on Safety—Survive and Thrive

This Spotlight on Safety, **Survive and Thrive**, provides resources to help law enforcement officers recover from critical incidents. Resources include printable posters, an officer's survival story, and other materials. In addition, VALOR has a variety of subject-matter experts in this field and is available to assist officers and agencies that have experienced a critical incident.



The Bureau of Justice Assistance VALOR Initiative Webinar recording, "Responding to an Active Shooter Event: First Officer Considerations," is available on the secure side of the VALOR Web Portal.

During this Webinar, leading experts from the Advanced Law Enforcement Rapid Response Training (ALERRT) Program discussed:

- Statistics of active shooter events
- Risks associated with response to active shooter events
- ALERRT best practices for the first officer arriving on the scene
- Considerations for off-duty officers

This BJA-funded Webinar is designed for sworn law enforcement officers and executive-level law enforcement. It is available to you on the VALOR Web Portal at no cost.

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This project was supported by Grant No. **2013-MU-BX-K001** awarded by the Bureau of Justice Assistance, Office of Justice Programs. The opinions, findings, and conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the U.S. Department of Justice.

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